



BRITISH MILERS' CLUB



PB CLASSICS, GOLD STANDARD, ACADEMY AND REGIONAL FIXTURES 2009

All entries should be made on our website www.britishmilersclub.com

BMC ACADEMY YOUNG ATHLETES PB CLASSICS				
Entry Fee for BMC Members £3, Non Members £5.				
Monday 4 May	Millfield	M800, 1500, 3000 mixed	Mike Down	0117 9733 407
Monday 4 May	Millfield	W800, 1500, 3000 mixed	Steve Mosley	029 2030 6733
Saturday 16 May	Watford	M & W 800, 1500, 3000 & U17M & W 1500s/c	Jim Bennett	07960 619849
Saturday 6 June	Trafford	M & W 800, 1500, 3000,	Neil Canham	0161 225 5156
Saturday 25 July	Tipton	M & W 800, 1500, 3000,	Paul Hayes	02476 464010

Fastest of U15 & U17 PB Classic 800m and 1500m in May & June to be invited to Frank Horwill & Peter Coe Mile races in Solihull Grand Prix.
BMC Junior Virtual League. £100 for top club. See website for full details.
ACADEMY RACES FOR YOUNG ATHLETES ARE INCLUDED IN REGIONAL RACES

OTHER BMC RACES

DATE	VENUE	EVENTS	CONTACT	TELEPHONE	STANDARD			
APRIL	Wed 22	Birmingham Univ	600m, 1200m	Paul Hayes	02476 464010	Regional		
	Sat 25	Barnet Cophall	800m, 1.20pm 1500m, 4.15pm	Pat Fitzgerald	01895 811822	Regional		
	Sat 25	Birmingham Univ	5000m, 10000m	Dave Norman	07868 783818	Standards 5k Men 16min 5k Women 18min, 10k Men 33min, 38k women		
	Tue 28	Exeter	800m	John Knowles	01872 263541	Regional		
	Tue 28	Trafford	800m, 1500m Mixed races	8.00pm	Neil Canham	0161 225 5156	Gold Standard	
MAY	Mon 4	Birmingham Univ	800m, 1500m Seniors Only	Paul Hayes	02476 464010	Regional		
	Tue 12	Trafford	800m, 1500m Mixed races	8.00pm	Neil Canham	0161 225 5156	Gold Standard	
	Wed 13	Cardiff	800m	Steve Mosley	029 2030 6733	Regional		
	Mon 18	Jarrow	800m	David Lowes	07930 318651	Regional		
	Wed 20	Watford	800m, 1500m	7.45pm	Rupert Waters	07790 767433	Gold Standard	
	Sat 23	Lea Valley	800m, 1.20pm 1500m, 4.15pm	Pat Fitzgerald	01895 811822	Regional		
	Tue 26	Exeter	1500m	8.15pm	John Knowles	01872 263541	Regional	
	Tue 26	Trafford	800m, 1500m Mixed races	8.00pm	Neil Canham	0161 225 5156	Gold Standard	
	Wed 27	Linwood	800m, 3000m	Norrie Hay	01475 786092	Regional		
	Wed 27	Eltham	800m 1500m	8.00pm	David Reader	07929 860389	Regional	
JUNE	Mon 1	Jarrow	800m	David Lowes	07930 318651	Regional		
	Wed 3	Birmingham Univ	800m, 1500m	Paul Hayes	02476 464010	Regional		
	Wed 3	Newport	1500m	Steve Mosley	029 2030 6733	Regional		
	Tue 9	Trafford	800m, 1500m Mixed races	8.00pm	Neil Canham	0161 225 5156	Gold Standard	
	Wed 10	St Ives. Cambs	800m 1500m	Noel Moss	01223 833470	Regional		
	Mon 15	Jarrow	1500m	David Lowes	07930 318651	Regional		
	Wed 17	Watford	800m, 1500m	7.45pm	Rupert Waters	07790 767433	Gold Standard	
	Tue 23	Trafford	800m, 1500m Mixed races	8.00pm	Neil Canham	0161 225 5156	Gold Standard	
	Wed 24	Birmingham Univ	800m, 1500m	Paul Hayes	02476 464010	Regional		
	Wed 24	Eltham	800m 1500m	8.00pm	David Reader	07929 860389	Regional	
	Tue 30	Exeter	800m	8.15pm	John Knowles	01872 263541	Regional	
	JULY	Wed 1	Leeds Carnegie	800m, 1500m	7.00pm	Aaron Thomas	01234 852038	Regional
		Tue 7	Trafford	800m, 1500m Mixed races	8.00pm	Neil Canham	0161 225 5156	Gold Standard Only
		Wed 15	Watford	800m, 1500m	7.45pm	Rupert Waters	07790 767433	Gold Standard Only
		Wed 15	Birmingham Univ	800m, 1 Mile	Paul Hayes	02476 464010	Regional	
Mon 20		Jarrow	800m	David Lowes	07930 318651	Regional		
Tue 21		Trafford	800m, 1500m Mixed races	8.00pm	Neil Canham	0161 225 5156	Gold Standard Only	
Wed 22		Eltham	800m 1500m	8.00pm	David Reader	07929 860389	Regional	
Sat 25		Woodford Green	800m, 1.20pm 1500m, 4.15pm	Pat Fitzgerald	01895 811822	Regional		
Tue 28		Exeter	1500m	8.15pm	John Knowles	01872 263541	Regional	
Wed 29		Leeds Carnegie	800m, 1500m	7.00pm	Aaron Thomas	01234 852038	Regional	
Wed 29	Watford	800m, 1500m	7.45pm	Rupert Waters	07790 767433	Gold Standard Only		
AUGUST	Mon 3	Jarrow	1500m	David Lowes	07930 318651	Regional		
	Tue 4	Trafford	800m, 1500m Mixed races	Neil Canham	0161 225 5156	Gold Standard Only		
	Wed 5	Neath	800m	Steve Mosley	029 2030 6733	Regional		
	Tue 18	Trafford	800m, 1500m Mixed races	Neil Canham	0161 225 5156	Gold Standard Only		
	Wed 19	Eltham	800m 1500m inc SYDNEY WOODERSON 800m	8.00pm	David Reader	07929 860389	Regional	
	Sat 22	Birmingham Univ	800m, 1500m, 10k inc Staffs County Champs	Paul Hayes	02476 464010	Regional		
	Tue 25	Exeter	800m	8.15pm	John Knowles	01872 263541	Regional	
	Wed 26	Watford	800m, 1500m	Rupert Waters	07790 767433	Gold Standard Only		
Sat 29	Highgate	800m 1500m	Pat Fitzgerald	01895 811822	Regional			
SEPT	Tue 1	Trafford	800m, 1500m Mixed races	Neil Canham	0161 225 5156	Gold Standard Only		

Additional races may be arranged at other venues. Check website for details or contact your Regional Representative
Please enter at the latest Five days before meeting to avoid disappointment.



THE BEST OF BRITISH FROM THE BMC
www.britishmilersclub.com

